

Welcome to Camp Middlesex at Middlesex College!

As we begin our summer camp, we want to share some information about COVID-19. The CDC (Centers for Disease Control and Prevention) has identified COVID-19 as a highly contagious virus. It is important that we all take steps to prevent its spread. We encourage everyone to wear masks, practice good hand hygiene, and avoid close contact with others. We will be following CDC guidelines throughout the camp. Thank you for your cooperation.

Expectations of Camper Behavior

- We expect all campers to follow the rules and regulations of the camp.
- We expect all campers to be respectful to staff and other campers.
- We expect all campers to be responsible for their own actions.
- We expect all campers to be punctual for all activities.
- We expect all campers to be clean and well-groomed.
- We expect all campers to be safe and to avoid dangerous activities.
- We expect all campers to be cooperative and to follow instructions.
- We expect all campers to be respectful of the property of the college.
- We expect all campers to be respectful of the environment.
- We expect all campers to be respectful of the community.

Discipline

Discipline is the ability to control one's emotions and impulses, to persevere through difficulties, and to follow through on commitments. It is a skill that can be learned and practiced, and it is essential for achieving long-term goals and success in any endeavor.

Discipline is not punishment or restriction; it is a choice. It is the choice to do what is right, even when it is difficult or unpopular. It is the choice to work hard, even when you don't feel like it. It is the choice to stay focused, even when there are distractions. It is the choice to be honest, even when it might cost you. It is the choice to be kind, even when you are angry. It is the choice to be patient, even when you are impatient. It is the choice to be brave, even when you are afraid. It is the choice to be resilient, even when you are discouraged. It is the choice to be disciplined, even when you are tired.

Discipline is the key to success. It is the key to achieving your dreams. It is the key to becoming the person you want to be. It is the key to living a life of purpose and meaning. It is the key to everything.

Discipline is not a one-time thing; it is a daily practice. It is a habit that you must cultivate and maintain. It is a habit that you must practice every day, even when you are busy, even when you are stressed, even when you are tired. It is a habit that you must practice every day, even when you are alone, even when you are with others, even when you are in a difficult situation. It is a habit that you must practice every day, even when you are in a good mood, even when you are in a bad mood, even when you are in a neutral mood. It is a habit that you must practice every day, even when you are in a hurry, even when you are in a slow motion, even when you are in a stop motion. It is a habit that you must practice every day, even when you are in a hurry, even when you are in a slow motion, even when you are in a stop motion.

Discipline is the key to success. It is the key to achieving your dreams. It is the key to becoming the person you want to be. It is the key to living a life of purpose and meaning. It is the key to everything.

Discipline is not a one-time thing; it is a daily practice. It is a habit that you must cultivate and maintain. It is a habit that you must practice every day, even when you are busy, even when you are stressed, even when you are tired. It is a habit that you must practice every day, even when you are alone, even when you are with others, even when you are in a difficult situation. It is a habit that you must practice every day, even when you are in a good mood, even when you are in a bad mood, even when you are in a neutral mood. It is a habit that you must practice every day, even when you are in a hurry, even when you are in a slow motion, even when you are in a stop motion. It is a habit that you must practice every day, even when you are in a hurry, even when you are in a slow motion, even when you are in a stop motion.

Consequences



